

School's Out

Easter & summer programme 2010

**FREE
Activities**



An exciting range of activities for disabled children aged 8 and above, their friends and siblings

Easter programme 7, 9, 14 and 16 April

Summer programme 4, 5, 6, 9, 11, 13, 16, 17, 19 and 20 August

Sports, art, craft, dance, music sessions and off-site activities e.g. climbing wall and ten pin bowling

Flexible attendance - can attend for part or all of a day's activities

Drinks and lunch included

Support available towards the cost of travel to and from the venue on request

Booking essential

Funded by:



Aiming High for Disabled
Children

Provided by:



Tel. 0151 280 7757

www.greenbanksportsacademy.co.uk

What you said about School's Out

Parents' quotes:

"Please run these again if you can"

"Thanks to everyone who made it so enjoyable"

Childrens' quotes:

"To everyone at Greenbank, thank you for a great week"

"I really enjoyed the puppet show and the variety of sports"

"I loved the rock climbing!"

"I liked the obstacle course and bowling"

Other facts about Schools Out*

- 34 children participated
- Parents rated the holiday activities (on average) 9.6 out of 10
- 100% of parents would bring their children back for future camps
- 85% of parents were not aware of any programme similar to this
- 95% of children said that they had fun and 4% said it was ok

The Easter and summer programme for School's Out has been developed based on the feedback given by previous participants on the programme.

** Information collected February 2010 at School's Out activities*



Easter programme

Sessions run from 9am - 5pm

Date	Activity	Time
Wed 7 April	Group games	9:30 - 10:30
World Cup Day	Art & craft (t-shirt of nations)	10:30 - 12:00
	Liverpool Reads	1:00 - 2:00
	Football World Cup extravaganza	2:00 - 4:00
	Circuit / obstacle course	4:00 - 5:00
Fri 9 April	Group games	9:30 - 10:30
	Art & craft	10:30 - 12:00
	Ten Pin Bowling at Hollywood Bowl	1:00 - 3:00
	Multi sports	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Wed 14 April	Group games	9:30 - 10:30
Paralympic Day	Art & craft	10:30 - 12:00
	Liverpool Reads	1:00 - 2:00
	Paralympic World Cup multi sport	2:00 - 4:00
	Circuit / obstacle course	4:00 - 5:00
Fri 16 April	Group games	9:30 - 10:30
	Art & craft	10:30 - 12:00
	Climbing wall at Awesome Walls	1:00 - 3:00
	Multi sports	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00

An electronic copy of the booking form is available from the 'Clubs and Activities' section at www.greenbanksportsacademy.co.uk. Simply download the booking form, complete and email back to us at sports.academy@greenbank-project.org.uk

Summer programme

Sessions run from 9am - 5pm

Date	Activity	Time
Wed 4 August	Group games	9:30 - 10:30
	Individual sports	10:30-12:00
	Art & craft	1:00 - 3:00
	Group sport	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Thurs 5 August	Group games	9:30 - 10:30
	Group sports	10:30-12:00
	Art & craft	1:00 - 2:00
	Ten Pin Bowling at Hollywood Bowl	2:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Fri 6 August	Group games	9:30 - 10:30
	Art & craft	10:30-12:00
	Multi sports	1:00 - 2:00
	Dance / drama	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00

Request a paper copy of the booking form by calling 0151 280 7757.

Fill in your details and return the booking form to:

Mark Palmer, Greenbank Sports Academy, Liverpool, L17 1AG.

Summer programme

Sessions run from 9am - 5pm

Date	Activity	Time
Mon 9 August	Group games	9:30 - 10:30
	Olympic sports	10:30-12:00
	Art & craft	1:00 - 3:00
	Group sport	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Wed 11 August	Group games	9:30 - 10:30
	Group sports	10:30-12:00
	Art & craft	1:00 - 2:00
	Climbing wall at Awesome Walls	2:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Fri 13 August	Group games	9:30 - 10:30
	Art & craft	10:30-12:00
	Multi sports	1:00 - 2:00
	Dance / drama	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00

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Summer programme

Sessions run from 9am - 5pm

Date	Activity	Time
Mon 16 August	Group games	9:30 - 10:30
	Olympic games	10:30-12:00
	Making fun costumes - Olympic theme	1:00 - 3:00
	Circuit / obstacle course	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Wed 17 August	Group games	9:30 - 10:30
	Making fun costumes - Olympic theme	10:30-12:00
	Multi sports	1:00 - 2:00
	External activity - to be advised	2:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Thurs 19 August	Group games	9:30 - 10:30
	Making fun costumes - Olympic theme	10:30-12:00
	Multi sports	1:00 - 2:00
	Individual sport	3:00 - 4:00
	Chillout time with sports and wii	4:00 - 5:00
Fri 20 August	Group games	9:30 - 10:30
	Making fun costumes - Olympic theme	10:30-12:00
	Summer theme party	1:00-4:00
	Chillout time with sports and wii	4:00-5:00

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About Aiming High

Liverpool's vision for Aiming High for Disabled Children is that we will:

'enable families to lead a normal life and children and young people to feel included in their local and wider communities, to provide them with choice and opportunities that are open to other children of the same age, we will work in partnership, facilitate choice, to make a difference to their quality of life and to meet aspirations'.

The School's Out Programme is funded by Aiming High to fulfil this vision.



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How to book

A booking can be made using one of the following methods:

- An electronic copy of the booking form is available from www.greenbanksportsacademy.co.uk. Simply download the booking form, complete and email back to us at sports.academy@greenbank-project.org.uk.
- Alternatively you can request a paper copy by calling **0151 280 7757** and we will post it to you. Fill in your details and return the booking form to:

Mark Palmer
Greenbank Sports Academy
Greenbank Lane
Liverpool
L17 1AG



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