

Disability Sport Regional Games

Greenbank Sports Academy Greenbank Lane, Liverpool L17 1AG

Powerlifting

Friday 10th May 2013

Entry: £5 per person

Disabled / non-disabled lifters welcome, all lifters will lift on a Paralympic bench, with no feet on the floor. The event will be held under BOLA rules.

Entry Form		
Name:		
Address:		
Telephone No:		
Email address:		
Centre/Club:		
Age:	Date of Birth:	Sex: M / F
□ Please tick here if you would like to be added to Greenbank Sports Academy mailing list.		
Class	Please Tick	
48kg		
52kg		
60kg		
67.5kg		
75kg		
82 kg		
90 kg		
100 kg		
100 kg Plus		

Please send completed entry form to steve.hoskins@greenbank-project.org.uk and send payment to: - Steve Hoskins, Greenbank Sports Academy, Greenbank Lane, Liverpool L17 1AG by Friday 26th April 2013. Cheques made payable to Greenbank.