

## Powerlifting

Friday 10th May 2013

Entry: £5 per person

Disabled / non-disabled lifters welcome, all lifters will lift on a Paralympic bench, with no feet on the floor. The event will be held under BOLA rules.

### Entry Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone No: \_\_\_\_\_

Email address: \_\_\_\_\_

Centre/Club: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: M / F

Please tick here if you would like to be added to Greenbank Sports Academy mailing list.

Class	Please Tick
48kg	<input type="checkbox"/>
52kg	<input type="checkbox"/>
60kg	<input type="checkbox"/>
67.5kg	<input type="checkbox"/>
75kg	<input type="checkbox"/>
82 kg	<input type="checkbox"/>
90 kg	<input type="checkbox"/>
100 kg	<input type="checkbox"/>
100 kg Plus	<input type="checkbox"/>