

Gym Membership Application Form



- Please fill out all necessary details including your method of payment and the direct debit mandate (if applicable). It is important that the medical questionnaire is completed and signed as well as the terms and conditions of the contract.
- All gym members are encouraged to undergo an induction before using the gym or sign a disclaimer form.
- The minimum age for members is 16 unless approved by the Gym Manager.
- Concession rates apply to disabled users, students and long term members (continuous membership for 12 months).
- All members will require to have their photo taken at reception for identification purposes.

Thank you for taking the time to complete your application carefully and we look forward to welcoming you to our gym.

Personal Details	
First Name:	Last Name:
Address:	
Post Code:	
Date of Birth:	Email
Home Number:	Mobile Number

Do you declare a disability? Yes No if yes please specify in box below

Important – Data Protection

Greenbank collects and processes information to enable us to provide the service requested. GDPR requires Greenbank obtain your agreement before this can be done. In signing this form, you are giving consent for your personal and sensitive information to be processed under the rules and safeguards laid down by GDPR regulations. Greenbank has procedures in place to ensure that all information held about you will be dealt with confidentially, held securely and only processed in accordance with Greenbank's notification to the Information Commissioner, who administers GDPR. Greenbank Sports Academy may wish to contact you for marketing purposes. If you wish to be contacted in this way, please tick this box

Emergency contact details	
Contact name:	Home number:
Relationship:	Mobile number:

OFFICE USE ONLY	
Induction date:	Membership Type:
Membership Number:	Payment Type:
Staff Name:	Staff Signature:

Membership type

Please indicate the type of membership you require by ticking the relevant box.

Type	Anytime	Concession
Standard Membership		
1 month	£20 <input type="checkbox"/>	£15 <input type="checkbox"/>
3 Months	£55 <input type="checkbox"/>	£45 <input type="checkbox"/>
6 Months	£90 <input type="checkbox"/>	£80 <input type="checkbox"/>
12 Months	£170 <input type="checkbox"/>	£145 <input type="checkbox"/>

Direct Debit

Monthly		
Direct Debit	£20 <input type="checkbox"/>	£15 <input type="checkbox"/>

Membership entitles the member to use the gym at any time during opening hours

- Concession rates apply to disabled users, students, over 60's and long term members (12 month's continuous membership)
- In order to sign up for a Direct Debit you must provide a copy of your bank statement.

I have read and understood the Greenbank Sports Academy Terms and Conditions and I agree to abide by the conditions stated

Signature	Date
------------------	-------------

Consent to exercise

- Exercising is an essential part of maintaining a healthy lifestyle. Some people however are unable to participate fully due to illness or other medically restrictive reasons. It is important that the following questions are answered fully and honestly to enable us to ensure that our members can exercise safely.
- Please ensure that you sign declaration below
- If you are under 18, a parent or guardian must also sign
- If you are unable to sign for any other reason, a nominated responsible person may do so on your behalf

Physical Activity Readiness Questionnaire (PARQ)	Yes	No
Have you for any reason been unable to exercise in the past?	<input type="checkbox"/>	<input type="checkbox"/>
Has your doctor ever advised you against exercising?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever suffered from any cardiac (heart) related illness?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever suffered from respiratory difficulties?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever suffered from fainting, migraines or loss of balance?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever suffered from any bone, joint or muscle related disease?	<input type="checkbox"/>	<input type="checkbox"/>
Is there any history of heart disease in your family?	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced chest pain whilst exercising?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have elevated cholesterol levels?	<input type="checkbox"/>	<input type="checkbox"/>
Are you currently taking prescribed medication?	<input type="checkbox"/>	<input type="checkbox"/>

If you have answered 'yes' to any of the above, please give details below. All information is held in strictest confidence and accessible only by the gym manager and relevant staff.

--

Your doctor's details

Doctor's name:	Surgery name:
Surgery number:	Surgery address:

Declaration of consent to exercise

I confirm that all the answers above are true to the best of my knowledge and I believe I am able to participate in exercise at Greenbank Sports Academy

Signature: _____ **Date:** _____

The person making this application is under 18 or unable to sign themselves. I confirm that I will be taking responsibility for this person's declaration.

Name: _____ **Relationship:** _____

Signature: _____ **Date:** _____

How did you hear about Greenbank Sports Academy?

- | | |
|---|---|
| <input type="checkbox"/> Social Media | <input type="checkbox"/> Google Search |
| <input type="checkbox"/> Leaflet | <input type="checkbox"/> Greenbank Sports Academy Website |
| <input type="checkbox"/> Word of mouth | <input type="checkbox"/> Driving / walking past |
| <input type="checkbox"/> Other (please specify) | |

Terms & Conditions

- Please read the following carefully and sign the declaration overleaf. If you are under 18, a parent or guardian must also sign. If you're unable to sign for any other reason, a nominated responsible person must do so on your behalf.
- Members consent to having their photograph taken for identification purposes. The image will be held electronically and used to establish the identity of the card holder when using the gym.
- You must swipe in at reception using your membership card upon arrival. Without your membership card, you will be unable to use the gym.
- If a card is lost, a replacement will be made on receipt of £2 to cover administration costs.
- Members who opt for a direct debit membership agree to join for a minimum of 6 months. The first month is payable in advance by cash or credit/debit card. This 6 month period is considered paid for after the fifth payment via direct debit. From then on the membership will roll over on a monthly basis. This will continue until the membership is terminated. Direct debits will be taken on the first Friday of every month.
- To cancel a direct debit membership, members must give one month's written notice. Prepaid membership is non-refundable. There is a 7 day cooling off period for new gym members who take out direct debit option. The 7 days start from the date of induction. The first month's payment is non-refundable.
- The gym is for the use of Greenbank Sports Academy members only, therefore guests are not allowed.
- During busy periods please limit your time on popular equipment such as the treadmill.
- For health and safety reasons, members must adhere strictly to the following;
 - All free weights are to be returned to their racks after use
 - Cups and mugs are not allowed in the gym
 - Members should bring a small towel to wipe down machinery after use
 - Tracksuits or shorts and t-shirts must be worn at all times
 - Suitable footwear should be worn at all times
 - Offensive language or behaviour will not be tolerated
- Clashing weights, excessive noises and mistreatment of equipment will not be tolerated.
- Anyone thought to be under the influence of alcohol or drugs will be ejected and their membership will be reviewed.
- If for any reason a direct debit payment fails to credit our account, membership will be suspended until payment resumes or another payment method is used.