

Disc Golf for Parkinson's

27 March 2025

Greenbank Sports Academy L17 1GA

We're thrilled to announce the latest venture from the Northern Lights Parkinson's Golf Society: Disc Golf! Mark your calendars for the 27th of March, as we will be launching this exciting activity at Greenbank Academy. The event will take place from 3:00 p.m. to 5:00 p.m., providing ample time for everyone to join in the fun: come along for the full two hours or just pop in to try it out for 20 minutes!

Greenbank Academy, our chosen venue, offers plenty of space for disc golf enthusiasts to enjoy, and there's a fantastic restaurant next door for those who want to grab a bite before or after the event.

<https://linktr.ee/thewheelbarrow>

If you didn't experience Disc Golf at our "Get into Golf" day, the objective is to guide Frisbees into a suspended net or hole to score points. It's an exciting and fun-filled activity that promotes strategic thinking, balance and coordination, and suited to everyone: all are invited. We have five sessions booked, funded by Liverpool Council. We are running this in concert with our friends as the Stroke Association and look forward to seeing you there.



NLD GOLF

3:00-5:00pm

Greenbank Sports Academy, L17 1AG



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